

BLUEBERRY

Ice Ups

Nutrition Facts

Serving Size 4 oz (37 g)
 Servings Per Container Approx 1

Amount per Serving	4 oz (37 g)	
Calories	90	
Calories from Fat	0	
	% Daily Value*	
Total Fat	0g	0%
Saturated Fat	0g	0%
<i>Trans</i> Fat	0g	0%
Cholesterol	0 mg	0%
Sodium	5 mg	0%
Total Carbohydrate	26 g	9%
Dietary Fiber	0 g	0%
Sugars	25 g	
Protein	0 g	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500 Iron 0%

Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

Ingredients: *Water, Sugar, High Fructose Corn Syrup, Corn Syrup, Natural & Artificial Flavor, Citric Acid, Xanthan & Guar Gum, FD&C Blue#1*

Contains no Dairy
 Produced in a Peanut Free Plant
 Gluten & Soy Free
 Certified O-U Kosher